

Salma Hamza

Nutrition Trainer | Clinical Dietitian Amman, Jordan | Email: Salmahamza1114@gmail.com |
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Professional Summary:

Senior Clinical Nutritionist with experience in Medical Nutrition Therapy, patient counseling, nutrition training, and health education. Skilled in creating tailored diet plans, conducting nutrition workshops, and coaching clients toward healthier lifestyles.

Work Experience

Senior Clinical Nutritionist – The Doctors Diet | 07/2023 – 09/2025

- Developed customized therapeutic diet plans for complex cases.
- Monitored patient progress and adjusted interventions.
- Supervised nutritionists and managed VIP client programs.
- Conducted nutrition training and education sessions.

Nutritionist – Revive Nutrition Center | 01/2023 – 05/2023

- Provided one-by-one nutrition counseling.
- Delivered patient-focused diet plans and follow-up care.

Trainee – Revive Nutrition Center | 10/2022 – 11/2022

- Assisted in patient assessment and counseling.
- Supported client nutrition training sessions.

Internship – Clinical Dietitian – Jordanian Royal Medical Center | 02/2022 – 04/2022

- Delivered nutrition awareness sessions
- Assisted clinical dietitians in meal planning and patient care.

Key Skills

- Patient assessment & care planning.
- Medical Nutrition Therapy (MNT).
- Nutrition Training & Coaching.
- Health promotion & Public speaking.
- Client counseling.
- Research & Evidence-based practice.
- Communication & Teamwork.
- Microsoft Office & computer skills.

Certificates

- Meal Planning and Analysis using ESHA (Agriculture Engineers Association, 2021)
- Obesity & Bariatric Surgery: Assessment & Management (Abdali Hospital, 2021)
- Specialized Diet Planning (Revive Nutrition Coaching, 2023)
- Diabetes Diet Planning (Revive Nutrition Coaching, 2023)
- Turn numbers into servings and meals (Nutriwise, 2026)

Professional Development and conferences

- Fibromyalgia Syndrome: A comprehensive Medical Approach - 3 CPD Hours.
- Attended Nutriwise health and clinical nutrition conference 2026 - 3 CPD Hours
- Attended the 4th Scientific Day- Jordanian Association of Clinical Dietitians - 2 CPD Hours

Education

Bachelor's Degree in Human Nutrition and Dietetics – University of Jordan (10/2018-07/2022)
, Graduated with Excellence – GPA 3.68/4

Achievements

- Completed clinical training at Jordanian Royal Medical Center
- Delivered nutrition awareness workshops during training

Languages

Arabic – Native or Bilingual Proficiency

English – Professional Working Proficiency